

TASTING FOOD PRICES

Average prices of these staple food items from several local grocery stores five years ago and last week.

	2003	2008
Kellogg's Corn Flakes (18 oz.)	\$3.34	\$3.12
Oreo cookies (18 oz.)	\$3.16	\$2.78
Campbell's Chicken Noodle (10.75 oz. can)	\$0.83	\$0.67
Coca-Cola (2 liter bottle)	\$1.23	\$1.71
Folger's coffee (Roasted 13 oz.)	\$2.87	\$3.82
Ground beef (chuck, per pound)	\$2.05	\$2.89
Fresh whole chicken (per pound)	\$1.05	\$1.62



‘They’ve really gone up, haven’t they? ... You can’t do what Uncle Sam’s done with the energy policy and this ethanol thing and not have an impact on our food.’

Stephen Breech,
grocery industry consultant

	2003	2008
Idaho potatoes (5 pound bag)	\$2.53	\$2.59
Mott's apple juice (64 oz. bottle)	\$2.59	\$2.46
Wonder 'Big' bread (20 oz. loaf)	\$1.32	\$2.16
Whole milk (1 gallon)	\$2.53	\$3.12
Parkay margarine (4-stick box)	\$1.50	\$1.38
Eggs (1 doz., large)	\$1.12	\$1.98
Red Delicious apples (per pound)	\$1.37	\$1.65
Iceberg lettuce (1 head)	\$0.99	\$0.98
TOTAL	\$28.48	\$32.93